

## Paved With Good Intentions

*Gains Made and Challenges Ahead in SA  
- a non government perspective*

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## A little about us...



## MHCSA Current Membership

- ACEDA (recently merged body of Eating Disorders Association of SA, Mood Disorders Association and Obsessive Compulsive Disorders Support Service)
- Anglicare
- Baptist Care SA
- Carers SA
- Centacare
- COMIC
- Diamond House Clubhouse SA
- GROW.
- Helping Hand
- Royal District Nursing Service
- ROOFS Housing Association
- Southern Cross Care inc
- St Vincent de Paul Society – Compeer Program
- Mental Illness Fellowship of SA (MIFSA)
- Neami
- Survivors Of Torture and Trauma Assistance and Rehabilitation Services
- The Station
- Uniting Care Wesley Adelaide
- Uniting Care Wesley Port Adelaide
- Our Wellbeing Place



## VISION

- All South Australians affected by mental illness are receiving the support they need to live well in the community.



## OUR MISSION

To influence the development, range and responsiveness of services to support people affected by mental illness by:

- Working to reduce stigma and increase an understanding of mental illness and its prevention
- Representing and working with the community (NGO) mental health service sector to support people affected by mental illness
- Promoting and building the role of the community (NGO) mental health service sector



## State Government Agenda

***“Tackling mental health will be the biggest challenge in the new year”***  
Health Minister

The Advertiser, 31 December 2004



## State Strategic Plan 2004

- PSYCHOLOGICAL WELLBEING

**Target 2.7 Psychological wellbeing: equal or lower than the Australian average for psychological distress by 2014.**



## Social Inclusion Board

- The Social Inclusion Board has comprehensively re-evaluated South Australia's mental health system. Its recommendations will help guide reform of the mental health system in South Australia.

## NEW MENTAL HEALTH ACT

Replaces the Mental Health Act 1993

*"The passing of this Bill represents a new era in mental health treatment and services in South Australia. We are delighted that we can now move forward with service changes to complement the massive building program that is well underway."*

June 4, 2009  
Mental Health Minister Jane Lomax-Smith



## IMPROVED HUMAN RIGHTS

- Independent Community Visitors Program to ensure that human rights of people with a mental illness are respected by agencies and services.



## Challenges Ahead

Recent State Government initiated amendments to the *Equal Opportunity Act* even propose to include protection of people with mental illness from discrimination.

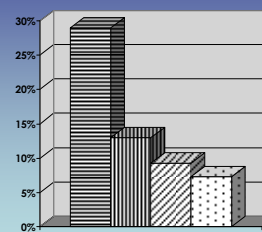
**BUT**

There is still a long way to go....



## SA vs the World

Investment in non-government community health sector



■ New Zealand 29% ■ Tasmania 13%  
■ Victoria 9.3% ■ South Australia 7.3%



## BUILD SECTOR AND COMMUNITY CAPACITY

- Role of the non-government sector
- Workforce development
- Increased consumer and carer roles



## ACCOUNTABILITY AND RECOVERY

- **state-wide targets** for mental health outcomes that include human rights, housing, employment, education and social inclusion.
- Cross-portfolio approach
- Increased investment in **recovery**



## WHOLE OF GOVERNMENT APPROACH

- increase investment in evidence-based psychiatric disability support
- more effectively support physical health outcomes
- reduce unnecessary contact with justice system.



## FIVE YEAR MENTAL HEALTH HOUSING PLAN

- at least 500 additional homes per annum for 5 years
- coordinating support where required.



## STIGMA REDUCTION

- Reducing stigma an 800% return on investment.



## Questions?

